

# Healthy Food



Healthy food helps you to grow.  
Look at the food and drink below.

Make a shopping list of the healthy food and drink.

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fish



rice



sweets



apple



banana



broccoli



carrot



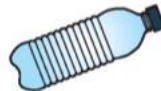
fizzy drink



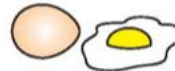
peas



milk



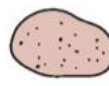
water



eggs



crisps



potato

